

The Perch and Pike

Gluten Free Menu

For Starters..

- Homemade Soup of the Day served with Gluten Free Bread and Butter £6.25 (v)
- Potted Shrimp served with Gluten Free Toast and Red Onion Chutney £7.95
- Homemade Ham Hock Terrine served with Piccalilli and Gluten Free Toast £7.95
- Moules Mariniere served with Gluten Free Bread £8.95

To Follow..

- 10oz Sirloin Steak with Roasted Tomato, Mushroom, Blue Cheese Sauce and Chunky Chips £22.95
- Slow cooked Belly of Pork served with Mashed Potato, Mixed Vegetables and a Cider Jus £14.95
- Chicken Curry served on a bed of Pilau Rice and Mango Chutney £13.50
- Courgetti served with Goats Cheese, Homemade Pesto and a Fresh Rocket Salad £13.50 (v)
- Pan Fried Cod Loin served with Mussels, Queen Scallops, Samphire, White Wine Cream Sauce, Mash Potato and Seasonal Vegetables £16.25

On the side..

- Chunky Chips £3.00
- Skinny Fries £3.00
- Buttered Vegetables £3.00
- Side Salad £3.50

New..... We now offer a Gluten Free Lager Daura Damm, the worlds most award winning gluten free beer.

Food Allergens and Intolerances: Before you order your food and drinks please speak to our staff if you want to know about our ingredients.